



COMMANDER'S CORNER

“Get it Done” is a mantra that empowers us to pursue goals or do more. Maybe you also have a special mantra for that mantra—a motivational saying that leads you through the productivity process toward success. Or perhaps you set aside time to just get it done around the house, on the job, or in your life. Personally, I really enjoyed the Get-it-Done time scheduled into every day at Girls State. As a staff member, I felt the collective pulse of hundreds of young women getting it done while developing lifelong ties in just a week. When I was at Department Convention this past summer, I was impressed with the way that our CA Department assembles post delegates from all over the state to affirm our organization’s mission and get it done.



In our own Post, we have a strong team of caring and committed veterans who carve out time to serve and get it done. At our recent ExCom meeting, we approved grants to non-profit groups that also get it done in their own service areas. For example, we are pleased to help support and partner with the Blue Star Moms--they encourage and meet needs of active military, and with the Las Positas College Veterans First program, which provides academic support and other assistance to community college student veterans.

At Department Convention

Other valuable programs/organizations nominated for support include Veteran’s Voices, Project Healing Waters, and Pets for Vets.

We also pledged our continued support of the annual Veterans Day Museum exhibit at the VMB. This year’s theme is Space and Military Women in Space is the focus of our post’s exhibit. We are looking forward to exploring and sharing the contributions of military women as astronauts, and in mission control, satellite operations, other space systems, and the US Space Force. Please email me if you would like to serve on the committee or know of any contacts in the arena who might be helpful.



Lastly, we cheered on our two sponsored Scout troops, T-60 and T-888, as they honored their newly ranked Eagle Scouts—a positive example of youth getting it done. Bravo Zulu!

Michelle Lee

The American Legion | Mt. Diablo Post 246

Meets Monthly | 400 Hartz Ave, Danville, CA 94526

Mailing: P.O. Box 133, Danville, CA 94526 | 925.272-8480

<https://www.americanlegionpost246.org>

Email: CommanderPost246@gmail.com



MEETINGS

Our Program Director position is open; please contact Michelle Lee if interested. The Program Director coordinates inviting monthly speakers.

We are planning evening dinners in September and November. Please, remember to confirm attendance at our regular meeting luncheons and dinner events by leaving a message at **(925) 272-8480** or sending your email confirmation to commanderpost246@gmail.com at least 3 days in advance.

Regular Meetings are first Wednesday of the Month from 12:00 to 2:30 PM in the Second Floor Meeting Room, Veterans Memorial Building (VMB), except where noted.

UPCOMING MEETINGS AND EVENTS

****** Every Saturday 8:00 AM to 12:00 PM Coffee at the Vets Hall**

7 September, Wednesday Regular evening meeting – Candace Andersen, 6:00 PM, Black Bear Diner, Danville
Special meeting--please RSVP now.

17 September, Saturday Executive Committee meeting, 8:30 AM

2 October, Sunday Special meeting with 2022 Girls State and Boys State Delegates, 1:00 PM VMB Community Hall (No regular meeting on 05 October 2022)

15 October, Saturday Executive Committee meeting, 8:30 AM

16 October, Sunday, Culture in the Community, Central Park, San Ramon, 10 AM-2 PM

2 November, Wednesday Regular evening meeting – Renee Morgan, 6:00 PM

11 November, Friday, Veterans Day Ceremony, time TBD

11-13 November, Friday-Sunday, Veterans Display Museum, 9:00 AM-3:00 PM.

11 November, Friday Mt Diablo Beacon Lighting for Veterans Day, 5:00 PM

19 November, Saturday Executive Committee meeting, 8:30 AM

7 December, Wednesday Regular meeting – Scott Perkins, 12:00 PM

7 December, Wednesday Mount Diablo Beacon Lighting for Pearl Harbor Day, 4:45 PM

10 December, Saturday Executive Committee meeting, 8:30 AM

10 December, Saturday Army-Navy Game Potluck, 10:30 AM

17 December, Saturday Wreaths Across America, Alamo Cemetery, 10:00 AM



OFFICERS AND EXECUTIVE COMMITTEE MEETINGS

(Third Saturday of the Month from 8:30 AM to 10:30 AM in the Second Floor Meeting Room)
 17 September 2022
 15 October 2022
 19 November 2022
 10 December 2022 (Changed due to expected conflict with Wreaths Across America at Alamo Cemetery on 17 December 2022)
 21 January 2022

DISTRICT 9 MEETINGS

District 9 holds its regular meeting at 7:00 PM on the third Tuesday of odd numbered months at the Veterans Memorial Building, 930 Ward Street, Martinez. The next meeting is September 20, 2022. Please let Michelle Lee or Mark Heinemann know if you would like to attend.

COMMUNITY

VETERANS DAY ON THE DELTA

The (FREE) Veterans Day on the Delta, with Performance Boat Rides and BBQ for Veterans of all branches/eras will again take off from the Discovery Bay Marina this year on Saturday, September 10th.

Bay Area Navy Nurse Corps Association/BANNCA is pleased to again sponsor this event provided by 'Some Gave All/Joey Graves

Foundation' for their services to Gold Star families and the military community.



Online registration closes on Friday August 26th. Sign up at <https://www.eventbrite.com/e/9th-annual-veterans-day-on-the-delta-tickets-396338628507>.

CAMP PARKS COMMUNITY EXPO

The Camp Parks Community Expo is a community event for service members and their families which brings in vendors and resource groups of interest. The Expo is on Tuesday, September 13th, 11:00 a.m., Bldg. 521. Our post is registered as a vendor and will be staffing a table from 11:00-



THE SALVO

SEPTEMBER 2022

AMERICAN LEGION MT DIABLO POST 246 – *CONTINUING TO SERVE*

1:00 p.m. (set up is 9-10:45 AM)
Friendly Post members are welcome to come staff the table and introduce the veterans to the American Legion and our 4 pillars of service: Americanism, Children and youth, National Security, and Veterans Affairs and Rehabilitation. If you are able to help on 9/13, Contact Mark Heineman, at commanderpost246@gmail.com.

LOCAL VETERANS STORIES

Veterans Stories is a project designed to remember the service and sacrifice of local veterans. This project is supported by VFW Post 75, and is open to ALL Veterans.

Future generations will hear directly from local veterans through a series of three-minute video narratives.

1. What is your name, and where were you born?
2. What military branch were you in?
3. When and where did you serve?
4. What does the Veterans Memorial Building mean to you?

Please contact alankalin@yahoo.com if you're interested in participating in this historical project.

2.2 VETERANS VIRTUAL CHALLENGE

Las Positas College Veterans First is sponsoring a "fun and fitness" challenge to raise awareness about mental health and veteran suicide prevention. This is the 5th annual event which is run virtually and is open to veterans, friends, family, and anyone

interested in supporting student veterans. Make it a family or friends affair and join the "Heart Guards" team as a shared experience. For more details and to register, see the link below. Or contact Michelle Lee at commanderpost246@gmail.com.
<https://runsignup.com/Race/CA/Livermore/22for22WalkforVets>

CCC VETS SERVICE OFFICE



The virtual office is accessible from the County's Veterans Service Office website at contracosta.ca.gov/vets.

In the virtual office, Veterans can receive assistance with filing for V.A. benefits from an accredited Veterans Service Representative. The Contra Costa County Veterans Service Office (VSO) accepts in-person appointments at the VMB, Room 208, 400 Hartz Avenue, Danville, CA, every Wednesday from 9:00 AM to 12:00 PM and 12:30 PM to 3:30 PM. Please call the VSO office at (925) 313-1481 to schedule an appointment.

9/11 REMEMBRANCE

Sunday, 9/11, 5:30-6:30 PM, Oak Hill Park, 3005 Stone Valley Rd, Danville. Presented by SRV Exchange Club.

VETERANS CLAIMS SEMINAR, 9/11, BRENTWOOD VMB

This free seminar will address evidence review and claims



submittal. Veterans can bring VA rating decisions, service records and any other evidence to be reviewed by the volunteer service officer. Free BBQ buffet provided. September 11th, 1:00-6:00 p.m. at Brentwood Veterans Memorial building, 757 1st Street, Brentwood. Presented by VFW 10789, Sponsored by John Muir Community Health Fund.

POST OPERATIONS

MEMBERSHIP

Department Commander Jere Romano has issued a call to renew your membership early. Any American Legion member who renews between July 1 and September 14 will be entered into a drawing for the chance to **win a trip to Cancun, Mexico**. The trip includes a 7-day stay in a 2-bdrm suite with flight credit. Paid Up For Life members are included as well!

You can renew your membership in two easy ways: 1) go to www.legion.org and click on the RENEW button, fill out the form, and you are done; or, 2) send the Post a check for \$45 to P.O. Box 133, Danville, CA 94526, and we'll process it for you.

Welcome to Pete Valerio, a transfer from Post 1000!

ORATORICAL CONTEST

The Oratorical contest exists to develop a more profound knowledge, appreciation, and understanding of the duties, responsibilities, rights, and privileges of American citizenship and the U.S. Constitution among youth. Students who attend high schools in the San Ramon Valley can notify the Post of their intent to participate by 12/31/2022 by email to commanderpost246@gmail.com. Post Level Speeches will take place in early January. Please help get the word out to schools, high school student groups and other appropriate contacts.

<https://calegion.org/oratorical-contests-commission/>
<https://www.legion.org/oratorical>



Past Area 2 winner Arvand Knappan from Dougherty Valley HS

VMB LIBRARY AND HISTORICAL COLLECTIONS COMMITTEE (LHCC)

Interested in expanding your horizons? Please advise Eric Ardell if you are interested in joining the Library & Historical Collections Committee (LHCC) as the representative of Post 246. Thank you to Ron Ferrell for his past service on the LHCC and to Eric Ardell and Bob Sada for serving as our interim representatives.



OTHER VMB NEWS

Ron Lowe has stepped down as the President of the VMB Board of Trustees and as one of the American Legion appointed trustees to the Board. Alan Scharlach has been appointed as our new trustee to the board. Eric Ardell has been nominated for the position of President of the Board of Trustees and Mike Slattengren has been nominated for Vice President.

AMERICAN LEGION BASIC TRAINING COURSE

Learn about the American Legion in this self-paced online course; go to: <https://www.legion.org/membership/254637/basic-training-your-home>

POST 246 NEEDS YOUR HELP!

"A camera is a save button for the mind's eye." – Roger Kingston



Elizabeth Freitas shares military history with a young visitor

We are looking for a post photographer to help capture pictures and videos of our post activities. Contact Mark Heineman if interested.

KEEP YOUR VA MEDICAL RECORDS UPDATED

If you received a COVID-19 vaccine outside of V.A., please help keep your medical records updated. How can you do that? Three ways: 1) Bring your

COVID-19 vaccination card to any V.A. NorCal location and present it to one of the V.A. clerks. Or 2) Take a picture of your COVID-19 vaccination card. Send a copy of the card to your care team in a Secure Message on the [My HealthVet website](#). Or 3) Fax a copy of your COVID-19 vaccination card to 916-366-5376.

-If you have questions, please call 1-800-382-8387.

-COVID-19 booster vaccinations are available at the V.A. – Martinez Building AB6 Monday and Tuesday, 9 AM-12 PM and 1–3 PM.

FLAG & EMBLEM STORE

Alan Scharlach is serving as our "Supply Officer" and will order items for post members. Go to <https://emblem.legion.org/> to do your shopping; then email Alan (cab1ho@sbcglobal.net) with the item number, quantity, color, and other details needed to purchase the item. If you call Alan (858-4199), please leave a detailed message, including your call back number. Some uniform items are available from Post 246 inventory (no shipping or taxes required).

CA BID FOR NATIONAL LEADERSHIP





The American Legion Department of California made its endorsement of our fellow District 9 Legionnaire, Autrey James for national commander during its annual convention in Visalia, Calif., on Sunday, June 26. A resolution to back outgoing California Department Commander Autrey James for the highest position in The American Legion was passed by the voting body, making him the official candidate from California. Please go to <https://calegion.org/california-american-legion-endorse-candidate-for-national-commander/> for his full bio. If you would like to support Autrey in his campaign, please scan the QR Code on the photo below.

Please support California's first
Candidate for
National Commander of
The American Legion since 1991

AJ for National Commander
1601 7th St, Sanger
Sanger, California 93657



Honoring our Legacy,
Inspiring our Future

POST OFFICERS & COMMITTEE CHAIRS

Post Officers for 2022-2023:

Commander: Michelle Lee
1st V. Cmdr: Mark Heinemann
2nd V. Cmdr: Alan Scharlach
3rd V. Cmdr: Eric Ardell

Adjutant: Bob Landy
Finance: Phil Connolly
Chaplain: Jon Heinson
Historian: Gerald Lindahl
Judge Advocate: Mary O'Donnell
Service Officer: Leroy Vares
Past Commander: Mark Heinemann

Executive Committee:

Neil Giles Gary Soto
Michelle Haines Mike Yura

Appointed Officers & Committee Chairpersons

Asst. Adjutant: Michelle Haines
Asst. Finance: Raoul Miranda
Asst Sgt-at-Arms: Raoul Miranda
Supply Officer: Alan Scharlach
Boys State: Eric Ardell
Girls State: Michelle Lee
Oratorical: Neil Giles

Scouting Rep: Alan Scharlach
Asst. Scouting Rep: Mike Yura
VMB Ops Committee: Bob Landy
Museum Committee: OPEN/TBA
Protocol Officer: Floyd Cox
Board of Trustees: Ron Lowe / Eric Ardell
East Bay Standdown Rep: Mark Heinemann
Veterans Outreach: Mark Heinemann
Program Dir: OPEN/TBA
Salvo Editor: Michelle Lee, NMark
Asst. Editors: Heinemann, Eric Ardell, Bob Landy, Alan Scharlach, Adriana Santos
Post Website:
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